# The equidistribution of nilsequences 

James Leng

October 26, 2023

## Types of problems considered

■ What can we say about $r_{k}(N)$, the largest subset of $[N]:=\{0,1, \ldots, N-1\}$ that does not contain a $k$-term arithmetic progression with nonzero common difference?

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■ How many primes in arithmetic progressions are there in [ $N$ ]?

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■ What about polynomial progressions?
■ How many primes in arithmetic progressions are there in [ $N$ ]?
■ Each of these problems involve the nilpotent Hardy-Littlewood method, a generalization of the Hardy-Littlewood Circle method.

## Heuristic: a high dimensional circle method

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## Heuristic: a high dimensional circle method

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- Let $F: \mathbb{R}^{d} / \mathbb{Z}^{d} \rightarrow \mathbb{C}$ be smooth, and $\alpha \in \mathbb{R}^{d}$.
- Consider $F(\alpha n)$. We say that $F(\alpha n)$ is $\delta$-equidistributed on scale $N$ if

$$
\left|\mathbb{E}_{n \in[N]}:=\frac{1}{N} \sum_{n=0}^{N-1} F(n \alpha)-\int_{\mathbb{R}^{d} / \mathbb{Z}^{d}} F(x) d x\right|<\delta\|F\|_{L i p} .
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- We wish $F(\alpha n)$ to be equidistributed since $F(\alpha n)$ equidistributed behaves randomly, so is easy to study.


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- These well-behaved objects are of the form $\tilde{F}\left(\alpha^{\prime} n\right)$ where $\alpha^{\prime}$ is "very equidistributed" along a rational subgroup $\mathbb{R}^{d} / \mathbb{Z}^{d}$.


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■ Otherwise, we may Fourier approximate

$$
F(\alpha n)=\sum_{\xi \in \mathbb{Z}^{d},|\xi| \leq\|F\|_{L i p} \delta^{-1-o(1)}} a_{\xi} e(\xi \cdot(\alpha n))+O\left(\delta^{1+o(1)}\right)
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with $\left|a_{\xi}\right| \leq 1$.

- Thus, there exists some nonzero $\xi$ such that $\mathbb{E}_{n \in[N]} e(\xi \cdot \alpha n) \geq \delta^{O(d)}$. This rearranges to $\|\xi \cdot \alpha\|_{\mathbb{R} / \mathbb{Z}} \leq \frac{\delta^{-O(d)}}{N}$.


## Heuristic: a high dimensional circle method

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■ So we may write $\alpha=\epsilon+\alpha^{\prime}+\gamma$ where $\|\epsilon\|_{\mathbb{R} / \mathbb{Z}} \ll \frac{\delta^{-O(d)}}{N}, \alpha^{\prime}$ lies on a subgroup of $\mathbb{R}^{d} / \mathbb{Z}^{d}$ (that is $\delta^{-1-o(1)}$-rational), and $\gamma$ is periodic modulo $\delta^{-1+o(1)}$.

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■ Let $q$ be the period of $\gamma$.
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■ Thus, in order to still keep similar approximation of

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- Under an iteration, this would produce at best bounds of the shape $\delta^{2^{d}}$ since $\delta \mapsto \delta^{2}$ iterates to $\delta^{2^{d}}$.
- Can we do better than this? Can we produce bounds single exponential in dimensions, i.e. $\delta^{O(d)^{\circ(1)}}$ ?


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- This process produces an equiditribution theory for the sequence $(\alpha n)$ rather than the sequence $F(\alpha n)$.


## Observation

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■ If we define $(\alpha n)$ to be $\delta$-equidistributed if for every Lipschitz function $F$ such that

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a similar process to the work above would produce a factorization $\alpha=\epsilon+\alpha^{\prime}+\gamma$ where $\alpha^{\prime}$ is $\delta^{O(d)^{O(d)}}$-equidistrubted on a subgroup for every Lipschitz function on the subgroup.

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a similar process to the work above would produce a factorization $\alpha=\epsilon+\alpha^{\prime}+\gamma$ where $\alpha^{\prime}$ is $\delta^{O(d)^{O(d)}}$-equidistrubted on a subgroup for every Lipschitz function on the subgroup.
■ Such a factorization result is known as a Ratner-type factorization theorem in the literature.

## Lipschitz function

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■ If we do that, the number of complex exponentials we consider in fact decreases.

- Thus, one can prove an approximation result with bounds single exponential in dimension.


## Main question

## Question

What is the analogue of this heuristic in other contexts?
For instance, what can we say if instead of $\mathbb{R}^{d} / \mathbb{Z}^{d}$, we work with $G / \Gamma$ where $G$ is a Lie group, $\Gamma$ a discrete cocompact subgroup (meaning that $G / \Gamma$ is compact)?

## Main theorem (informal version)

The equidistribution of nilsequences

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## Theorem (L. 2023+)

There is such an analogue in the case where $G$ is nilpotent (connected and simply connected), and $\Gamma$ a discrete cocompact subgroup.

We say $G$ is $s$-step nilpotent if we take $s+1$ commutators $[G,[G, \cdots,[G, G]]]=i d$.

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## Example of nilpotent Lie group: Heisenberg group

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Simplest nontrivial example of a nilpotent Lie group is a Heisenberg group:

$$
\begin{aligned}
G & =\left(\begin{array}{lll}
1 & \mathbb{R} & \mathbb{R} \\
0 & 1 & \mathbb{R} \\
0 & 0 & 1
\end{array}\right) \\
\Gamma & =\left(\begin{array}{lll}
1 & \mathbb{Z} & \mathbb{Z} \\
0 & 1 & \mathbb{Z} \\
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\end{array}\right)
\end{aligned}
$$

Here, $G$ is two-step nilpotent and admits the lower central series $G_{0}=G_{1}=G, G_{i}=\left[G_{i-1}, G\right]$.

## Terminology and example

The

A Lipschitz function $F$ on $G / \Gamma$ evaluated at an orbit $g^{n} \Gamma$ is referred to as a nilsequence. If $G$ and $\Gamma$ are as above, and we let

$$
g=\left(\begin{array}{ccc}
1 & \alpha & 0 \\
0 & 1 & \beta \\
0 & 0 & 1
\end{array}\right), g^{n}=\left(\begin{array}{ccc}
1 & \alpha n & \binom{n}{2} \alpha \beta \\
0 & 1 & \beta n \\
0 & 0 & 1
\end{array}\right)
$$

$G / \Gamma$ admits a parametrization in $(-1 / 2,1 / 2]^{3}$ as $\left(\{\alpha n\},\{\beta n\},\left\{\binom{n}{2} \alpha \beta-[\alpha n] \beta n\right\}\right)$ where $\{x\}=x-[x]$, where $[x]$ is the nearest integer to $x$ with $\{x\} \in(-1 / 2,1 / 2]$.

## Terminology and example

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Thus, when we Fourier expand $F\left(g^{n} \Gamma\right)$ with respect to that parametrization, we obtain bracket polynomials as opposed to characters.

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e\left(k[\alpha n]\{\beta n\}+k\binom{n}{2} \alpha \beta+\ell \alpha n+m \beta n\right) .
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These bracket polynomials are nilcharacters (to be defined formally later).

## Terminology and example

■ In the one-step case (i.e. $\mathbb{R}^{d} / \mathbb{Z}^{d}$ case), it was an equidistribution theory for characters, that is, understanding sums of the form $\mathbb{E}_{n \in[N]} e(\alpha n)$ that led to an equidistribution theory for general Lipschitz functions.

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■ In view of this, we shall aim to develop an equidistribution theory of nilcharacters.

## More terminology (quantifying nilmanifolds)

The equidistribution of nilsequences

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\left[X_{i}, X_{j}\right] \in \operatorname{Span}_{\mathbb{Q}}\left(X_{\max (i, j)+1}, \ldots, X_{d}\right)
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The complexity of the Mal'cev basis, denoted $M$, is the largest height of elements $a_{i j k}$ where

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Furthermore, the elements $\prod_{i=1}^{d} \exp \left(t_{i} X_{i}\right)$ with $t_{i} \in \mathbb{R}$ generate $G$ uniquely and when $t_{i} \in \mathbb{Z}$ generate $\Gamma$.

## Definition of horizontal character

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Previous results on quantifying nilsequence equidistribution

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Theorem (Green-Tao)
If $F: G / \Gamma$ is Lipschitz, and

$$
\left|\mathbb{E}_{n \in[N]} F\left(g^{n} \Gamma\right)-\int_{G / \Gamma} F(x) d x\right| \geq \delta\|F\|_{L i p}
$$

then there exists a nonzero horizontal character $\eta$ of modulus at most $(\delta / M)^{-O(d)^{O(d)} O^{O(1)}}$ such that

$$
\|\eta(g)\|_{\mathbb{R} / \mathbb{Z}} \ll(\delta / M)^{-O(d)^{O(d) O(1)}} / N .
$$

## Notes on Green-Tao's theorem

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■ Theorem works for more general polynomial sequences with respect to the filtration.

## Notes on Green-Tao's theorem

- Theorem works for more general polynomial sequences with respect to the filtration.
■ If $G$ is degree two or step one, then bounds are single exponential in dimension.


## Nilcharacter

Given a continuous homomorphism $\xi: G_{s} / \Gamma_{s} \rightarrow \mathbb{R} / \mathbb{Z}$, we define a nilcharacter of frequency $\xi$ to be a Lipschitz function $F: G / \Gamma \rightarrow \mathbb{C}$ satisfying $F\left(g_{s} x\right)=e\left(\xi\left(g_{s}\right)\right) F(x)$ (think, bracket polynomial with $s$ iterated/nested brackets.)

## Iterating Green-Tao's result

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■ We can again iterate to obtain a similar Ratner-type factorization theorem $g^{n}=\epsilon(n) g_{1}(n) \gamma(n)$, but now with bounds double exponential in dimension, even in the one-step case.

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- Unfortunately, inserting this result to the Fourier expanded nilcharacters in the two-step case doesn't do any better; the extra parameter, complexity, increases too fast.


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- Unfortunately, inserting this result to the Fourier expanded nilcharacters in the two-step case doesn't do any better; the extra parameter, complexity, increases too fast.
- induction on dimensions is a huge issue everywhere.


## Bracket polynomials and Bohr sets

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■ Green and Tao show that degree two bracket polynomials are "morally equivalent" to quadratic functions on large generalized arithmetic progressions.

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■ Why should we expect such a theory with bounds single exponential in dimension?

■ Green and Tao show that degree two bracket polynomials are "morally equivalent" to quadratic functions on large generalized arithmetic progressions.
■ In 2010, Gowers and Wolf apply an equidistribution theory for quadratic functions on generalized arithmetic progressions to the true complexity problem.

## Bracket polynomials and Bohr sets

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$$
\text { Let }[\vec{N}]=\left[N_{1}\right] \times\left[N_{2}\right] \times \cdots \times\left[N_{d}\right] \text {. Let }
$$

$$
q(\vec{n})=\sum_{i j} \alpha_{i j} n_{i} n_{j} \text {. We wish to study exponential sums }
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\mathbb{E}_{\vec{n} \in[\vec{N}]} e(q(\vec{n})) .
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The conclusion is that there exists some integer $q \ll \delta^{-O(d)^{O(1)}}$ such that

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\left\|q \alpha_{i j}\right\|_{\mathbb{R} / \mathbb{Z}} \ll \frac{\delta^{-O(d)^{o(1)}}}{N_{i} N_{j}} .
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Bounds are good (single exponential in dimension).

## Approaches

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■ Can we understand this approach in terms of nilmanifolds?

## Statement of Main Theorem

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■ $F: G / \Gamma \rightarrow \mathbb{C}$ will be a nilcharacter of frequency $\xi$ with $|\xi| \leq(\delta / M)^{-1}$ (with $\delta$ some parameter). That is, $F\left(g_{s} x\right)=e\left(\xi\left(g_{s}\right)\right) F(x)$ for $g_{s} \in G_{(s)}$.

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■ If $\eta: G / \Gamma \rightarrow \mathbb{R} / \mathbb{Z}$ is a horizontal character, we identify it (via Mal'cev coordinates) with a vector $\vec{k} \in \mathbb{Z}^{d}$, so we may lift it to some $\tilde{\eta}: G \rightarrow \mathbb{R}$.


## Statement of Main Theorem

The

■ We will assume $G / \Gamma$ to be a $s$-step nilpotent Lie group of degree $k$, dimension $d$, and complexity $M$.
■ $F: G / \Gamma \rightarrow \mathbb{C}$ will be a nilcharacter of frequency $\xi$ with $|\xi| \leq(\delta / M)^{-1}$ (with $\delta$ some parameter). That is, $F\left(g_{s} x\right)=e\left(\xi\left(g_{s}\right)\right) F(x)$ for $g_{s} \in G_{(s)}$.
■ If $\eta: G / \Gamma \rightarrow \mathbb{R} / \mathbb{Z}$ is a horizontal character, we identify it (via Mal'cev coordinates) with a vector $\vec{k} \in \mathbb{Z}^{d}$, so we may lift it to some $\tilde{\eta}: G \rightarrow \mathbb{R}$.
■ We say that $w \in G$ is orthogonal to $\eta$ if $\tilde{\eta}(w)=0$.

## Statement of Main Theorem

- We can define notions of linear independent of horizontal characters by identifying them with vectors in $\mathbb{Z}^{d}$.
■ By identifying $w \in \Gamma$ with a vector $k \in \mathbb{Z}^{d}$, we can also define modulus, and linear independence of $w$.


## Statement of Main Theorem

The equidistribution of nilsequences

James Leng

## Theorem

Let $\delta>0$ and $N$ an integer. Suppose

$$
\left|\mathbb{E}_{n \in[N]} F\left(g^{n} \Gamma\right)\right| \geq \delta
$$

Then either $N \ll(\delta / M)^{-O_{s}(d)^{O_{s}(1)}}$ or there exists linearly independent horizontal characters $\eta_{1}, \ldots, \eta_{r}$ of modulus at most $(\delta / M)^{-O_{s}(d)^{O_{s}(1)}}$ such that

$$
\left\|\eta_{j} \circ g\right\|_{\mathbb{R} / \mathbb{Z}} \leq \frac{(\delta / M)^{-O_{s}(d)^{o_{s}(1)}}}{N}
$$

and if $w_{i}$ are orthogonal to $\eta_{j}, \xi\left(\left[w_{1}, \ldots, w_{s}\right]\right)=0$.

## Statement of the Main Theorem, $s=2$

The

## Theorem

Let $\delta>0$ and $N$ an integer. Suppose $G$ is two-step and

$$
\left|\mathbb{E}_{n \in[N]} F\left(g^{n} \Gamma\right)\right| \geq \delta
$$

Then either $N \ll(\delta / M)^{-O(d)^{O(1)}}$ or there exists linearly independent horizontal characters $\eta_{1}, \ldots, \eta_{r}$ of modulus at most $(\delta / M)^{-O(d)^{O(1)}}$, and $w_{1}, \ldots, w_{d-r} \in \Gamma$ linearly independent and orthogonal to all of the $\eta_{i}$ 's and modulus at most $(\delta / M)^{-O(d)^{O(1)}}$ such that

$$
\left\|\eta_{j} \circ g\right\|_{\mathbb{R} / \mathbb{Z}},\left\|\xi\left(\left[w_{i}, g\right]\right)\right\|_{\mathbb{R} / \mathbb{Z}} \ll \frac{(\delta / M)^{-O(d)^{o(1)}}}{N}
$$

## Remark, $s=2$

The equidistribution of nilsequences

James Leng

If we let $\tilde{G}=G / \operatorname{ker}(\xi)$, then

$$
H:=\left\{g \in \tilde{G}: \eta_{i}(g)=0, \xi\left(\left[w_{i}, g\right]\right)=0 \forall i\right\}
$$

is abelian. This is because if $g, h \in H$, then it suffices to check that $[g, h]=0$. This follows since $\eta_{i}(g)=0$ implies that $g$ can be written $(\bmod [G, G])$ as a combination of $w_{i}$ 's.

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## Slogan

The equidistribution of nilsequences

James Leng

## Theorem (Informal version)

If $F(g(n) \Gamma)$ is a nilcharacter of step $s$ and

$$
\left|\mathbb{E}_{n} F(g(n) \Gamma)-\int F\right| \geq \delta
$$

then $F$ is "morally" a nilsequence of step s-1 (with bounds single exponential in dimension).

## Application: Polynomial Szemerédi

The equidistribution of nilsequences

James Leng

In 2022, L. showed:

## Theorem

Let $P(x), Q(x) \in \mathbb{Z}[x]$ be two linearly independent polynomials with $P(0)=Q(0)=0$. Suppose $A \subseteq \mathbb{Z}_{N}$ lacks a progression of the form

$$
(x, x+P(y), x+Q(y), x+P(y)+Q(y)) . \text { Then }
$$

$$
|A| \ll P, Q \frac{N}{\log _{m_{P, Q}}(N)} .
$$

Here, $\log _{m_{P, Q}}(N)$ is an iterated logarithm with $m_{P, Q}$ times.

## Application: Polynomial Szemerédi

The equidistribution of nilsequences

James Leng

Inserting this equidistribution theorem yields

## Theorem (L, 2023+)

Let $P(x), Q(x) \in \mathbb{Z}[x]$ be two linearly independent polynomials with $P(0)=Q(0)=0$. Suppose $A \subseteq \mathbb{Z}_{N}$ lacks a progression of the form

$$
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$$

$$
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$$

## Application: Polynomial Szemerédi

The equidistribution of nilsequences

James Leng

In 2023, Peluse, Sah, and Sawhney showed:

## Theorem

Suppose a subset $A \subseteq[N]$ lacks a progression of the form $\left(x, x+y^{2}-1, x+2\left(y^{2}-1\right)\right)$. Then

$$
|A| \ll \frac{N}{\log _{m}(N)}
$$

(with $m \approx 200$ ).

## Application: Polynomial Szemerédi

The equidistribution of nilsequences

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(with $m \approx 200$ ).
They remark that a similar application of the equidistribution result would yield

$$
|A|<_{P, Q} \frac{N}{\exp \left(\log \log (N)^{c}\right)}
$$

## Application: Inverse theory of Gowers norm

The

James Leng

In 2010, Green-Tao-Ziegler showed:

## Theorem

Suppose $\|f\|_{U^{s+1}([N])} \geq \delta$. Then there exists a nilsequence $F\left(g^{n} \Gamma\right)$ of dimension $D(\delta)$ and complexity $M(\delta)$ such that

$$
\left|\left\langle f, F\left(g^{n} \Gamma\right)\right\rangle\right| \geq c(\delta) .
$$

## Application: Inverse theory of Gowers norm

The
equidistribution of
nilsequences
James Leng

■ In 2010, Sanders shows that if $s=2$, we may take $D(\delta)=\log (1 / \delta)^{O(1)}, M(\delta)=O(1)$, and $c(\delta)=\exp \left(-\log (1 / \delta)^{O(1)}\right)$.

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■ In 2018, Manners shows that we may generally take $D(\delta)=\delta^{-O_{s}(1)}, M(\delta)=\exp \exp \left(\delta^{-O_{s}(1)}\right)$, and $c(\delta)=\exp \left(-\exp \left(\delta^{-O_{s}(1)}\right)\right)$.

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■ In 2018, Manners shows that we may generally take $D(\delta)=\delta^{-O_{s}(1)}, M(\delta)=\exp \exp \left(\delta^{-O_{s}(1)}\right)$, and $c(\delta)=\exp \left(-\exp \left(\delta^{-O_{s}(1)}\right)\right)$.
■ In the case of $s=3$, Manners shows that we may take $M(\delta)=\exp \left(\delta^{-O(1)}\right)$ and $c(\delta)=\exp \left(-\delta^{-O(1)}\right)$.

## Application: Inverse theory of Gowers norm

The

James Leng

We can show:

## Theorem (L., 2023+)

In the case of $s=3$, we can take $M(\delta)=O(1)$, $D(\delta)=\exp \left(O\left(\log \log (1 / \delta)^{2}\right)\right)$, and $c(\delta)=\exp \left(-\exp \left(O\left(\log \log (1 / \delta)^{2}\right)\right)\right)$.

## Sketch of proof, two-step case

$$
\text { Let } \phi(n)=\alpha n^{2}+\sum_{i} \alpha_{i} n\left[\beta_{i} n\right] \text {. }
$$

## Sketch of proof, two-step case

The

James Leng

Let $\phi(n)=\alpha n^{2}+\sum_{i} \alpha_{i} n\left[\beta_{i} n\right]$. Assume for simplicity that $e(\phi(n+N))=e(\phi(n))$ with $N$ prime and $\alpha_{i}, \beta_{i}$ have denominator $N$.

## Sketch of proof, two-step case

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\left|\mathbb{E}_{n \in \mathbb{Z}_{N}} e(\phi(n))\right| \geq \delta .
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$$
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Applying van der Corput gives that there exists $\delta^{O(1)} \mathrm{N}$ many $h \in \mathbb{Z}_{N}$ such that

$$
\left|\mathbb{E}_{n \in \mathbb{Z}_{N}} e(\phi(n+h)-\phi(n))\right| \geq \delta^{O(1)} .
$$

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$$

Let us analyze $\phi(n+h)$.

## Fourier Complexity and Bracket Polynomials

The
equidistribution of nilsequences

James Leng

We can write

$$
\alpha(n+h)[\beta(n+h)]=\alpha n[\beta(n+h)]+\alpha h[\beta(n+h)]
$$

But how do we deal with $[\beta(n+h)]$ ?

## Fourier Complexity and Bracket Polynomials

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$$

But how do we deal with $[\beta(n+h)]$ ? We write

$$
\begin{gathered}
\alpha n[\beta(n+h)] \equiv \alpha n[\beta n]+\alpha n[\beta h] \\
+\{\alpha n\}(\{\beta n\}+\{\beta h\}-\{\beta(n+h)\}) .
\end{gathered}
$$

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\end{gathered}
$$

The function $e(\{\alpha n\}\{\beta n\})$ can be written as $F(\{\alpha n\},\{\beta n\})$ where $F(x, y)=e(x y) . F$ is not defined on $(\mathbb{R} / \mathbb{Z})^{2}$, but if we approximate $F$ with a smoothed out version of $F$ near the boundary of $(-1 / 2,1 / 2]^{2}$, it will be!

## Fourier Complexity and Bracket Polynomials

The

James Leng

We may thus Fourier approximate the smoothed out $\tilde{F}$ to obtain

$$
\tilde{F}(x, y)=\sum_{|\eta| \leq \delta^{-1}} a_{\eta} e(\eta \cdot(x, y))+O_{L^{\infty}\left[\mathbb{T}^{2}\right]}(\delta)
$$

with $\left|a_{\eta}\right| \leq 1$ assuming that $\alpha, \beta$ are denominator $N$, we have

$$
F(\{\alpha n\},\{\beta n\})=\sum_{|\eta| \leq \delta^{-1}} a_{\eta} e(\eta \cdot(\alpha n, \beta n))+O_{L^{1}[N]}(\delta) .
$$

## Fourier Complexity and Bracket Polynomials

The equidistribution of nilsequences

James Leng

Thus, $e(\{\alpha n\}(\{\beta n\}+\{\beta h\}-\{\beta(n+h)\})$ is lower order and may be Fourier expanded into linear phases. One can show that

$$
e(\phi(n+h)-\phi(n))=e\left(\sum_{i=1}^{d} \alpha_{i} n\left\{\beta_{i} h\right\}-\beta_{i} n\left\{\alpha_{i} h\right\}+\beta n h\right) .
$$

Thus, letting $a=\left(\alpha_{i},-\beta_{i}\right)$ and $\alpha=\left(\left\{\beta_{i} h\right\},\left\{\alpha_{i} n\right\}\right)$, we have

$$
\left|\mathbb{E}_{n \in[N]} e(a n \cdot\{\alpha h\}+\beta n h)\right| \geq \delta^{O(d)^{O(1)}} .
$$

This implies that

$$
\|\beta h+a \cdot\{\alpha h\}\|_{\mathbb{R} / \mathbb{Z}} \leq \frac{\delta^{-O(d)^{O(1)}}}{N} .
$$

## Refined Bracket Polynomial Lemma

- (Side note: the manipulations above are morally equivalent to operations in Green and Tao's proof involving the joining $G \times{ }_{G_{2}} G$ ).


## Refined Bracket Polynomial Lemma

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- Green and Tao show that either $|a| \ll \delta^{-O(d)^{O(1)}} / N$, or that there exists some character $\eta \ll \delta^{-O(d)^{O(1)}}$ such that $\|\eta \cdot \alpha\| \ll \frac{\delta^{-O(d)^{O(1)}}}{N}$.


## Refined Bracket Polynomial Lemma

The

James Leng

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- Can we do better?


## Refined Bracket Polynomial Lemma

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- (Side note: the manipulations above are morally equivalent to operations in Green and Tao's proof involving the joining $G \times{ }_{G_{2}} G$ ).
- Green and Tao show that either $|a| \ll \delta^{-O(d)^{O(1)}} / N$, or that there exists some character $\eta \ll \delta^{-O(d)^{O(1)}}$ such that $\|\eta \cdot \alpha\| \ll \frac{\delta^{-O(d)^{O(1)}}}{N}$.
- Can we do better?
- Gowers-Wolf suggests that we may be able to.


## Refined Bracket Polynomial Lemma

The equidistribution of nilsequences

James Leng

## Lemma

Let $\frac{1}{10}>\delta>0$ and $N$ be a prime. Suppose $\alpha, a \in \mathbb{R}^{d}$ are of denominator $N,|a| \leq \delta^{-1}$,

$$
\|\beta+a \cdot\{\alpha h\}\|_{\mathbb{R} / \mathbb{Z}}=0
$$

for $\delta N$ many $h \in[N]$. The either $N \ll \delta^{-O(d)^{O(1)}}$ or else there exists linearly independent $w_{1}, \ldots, w_{r}$ and $\eta_{1}, \ldots, \eta_{d-r}$ in $\mathbb{Z}^{d}$ with size at most $\delta^{-O(d)^{O(1)}}$ such that $\left\langle w_{i}, \eta_{j}\right\rangle=0$ and

$$
\left\|\eta_{j} \cdot \alpha\right\|_{\mathbb{R} / \mathbb{Z}}=0, \quad\left|w_{i} \cdot a\right|=0
$$

## Description of Proof

- Tao has a simple proof (in the denominator $N$ case) using Minkowski's second theorem. This does not generalize so simply.


## Description of Proof

The

- Tao has a simple proof (in the denominator $N$ case) using Minkowski's second theorem. This does not generalize so simply.
- L.'s proof is quite intricate, at one point involving an iteration

$$
\begin{gathered}
\left(\delta_{j}, M_{j}, K_{j}, N_{j}, L_{j}, q_{j}\right) \\
=\left(\delta_{j-1} / 4, M_{j-1},\left(2 q_{j-1} K_{1} / 2^{d}\right)^{O\left(j d^{2}\right)}, N_{j-1} /\left(L_{j-1} q_{j-1}\right),\right. \\
\left.j L_{j-1}\left(\delta_{j-1} / 2^{d} M\right)^{-O(d)},\left(\delta_{j-1} / 2^{d} M\right)^{-O(d)} q_{j-1}\right)
\end{gathered}
$$

## Remarks and questions

James Leng

■ One can use similar ideas for the proof with the bracket polynomial $\sum_{i} \alpha_{i} n\left[\beta_{i} n^{2}\right]$, and it would still work.

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■ One can use similar ideas for the proof with the bracket polynomial $\sum_{i} \alpha_{i} n\left[\beta_{i} n^{2}\right]$, and it would still work.

- It is possible (though extremely painful) to rewrite this proof using purely bracket polynomial formalism.
■ Is it possible to improve the upper bounds for $r_{5}(N)$, the size of the largest subset of $[N]$ which avoids 5-term arithmetic progressions?


## Remarks and questions

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James Leng

■ One can use similar ideas for the proof with the bracket polynomial $\sum_{i} \alpha_{i} n\left[\beta_{i} n^{2}\right]$, and it would still work.

- It is possible (though extremely painful) to rewrite this proof using purely bracket polynomial formalism.
■ Is it possible to improve the upper bounds for $r_{5}(N)$, the size of the largest subset of $[N]$ which avoids 5-term arithmetic progressions?
■ Is it possible to improve $U^{s+1}(\mathbb{Z} / N \mathbb{Z})$ inverse theorem for all $s$ ?


## Thank you!

The equidistribution of nilsequences

James Leng

Appendix: sketch of refined bracket polynomial lemma

The
equidistribution of nilsequences

James Leng

Begin with the expression:

$$
\|a \cdot\{\alpha h\}+\gamma h+\beta\|_{\mathbb{R} / \mathbb{Z}} \approx 0
$$

where $|\beta| \approx 0$ for $\delta N_{1}$ many $h \in I$ where $I$ is an interval of size $N_{1}$.

Appendix: sketch of refined bracket polynomial lemma

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Appendix: sketch of refined bracket polynomial lemma

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where $|\beta| \approx 0$ for $\delta N_{1}$ many $h \in I$ where $I$ is an interval of size $N_{1}$.

■ If $|a| \approx 0$, we're done.
■ since $\beta$ is small, we can pigeonhole in $h$, showing that there exists some $\theta$ such that for $\delta / 2 N_{2}$ many $h \in J\left(\right.$ where $\left.N_{2} \sim N_{1}\left(\delta / 2^{d+1} d M\right)^{O(d)} / L\right)$ $\left(|J|=N_{2}\right):$

$$
\|a \cdot\{\alpha h\}+\theta\|_{\mathbb{R} / \mathbb{Z}} \approx 0
$$

## Refined proof

The equidistribution of nilsequences

James Leng

By pigeonholing in sign pattern of $\{\alpha h\}$, there exists $\delta / 2^{d+1} d M N_{2}$ many $h \in J$ such that

$$
a \cdot\{\alpha h\} \approx j
$$

for some $j \in[2 d M]$.

## Refined proof

The

James Leng

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$$
a \cdot\{\alpha h\} \approx j
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for some $j \in[2 d M]$. Subtract two such values to get for $\delta N_{2}$ many $h \in\left[-N_{2}, N_{2}\right]$,

$$
|a \cdot\{\alpha h\}| \approx 0
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## Refined proof

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$$

Consider the tube in the direction of $a$ and width $\left(\delta / 2^{d+1} d M\right)^{2}$ and length $\left(\delta / 2^{d+1} d M\right)^{-4 d}$.

## Refined proof

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Consider the tube in the direction of $a$ and width $\left(\delta / 2^{d+1} d M\right)^{2}$ and length $\left(\delta / 2^{d+1} d M\right)^{-4 d}$. (By
Minkowski), this has a lattice point $\eta$. One can show after scaling a up and Vinogradov's that there exists some $q \leq\left(\delta / 2^{d+1} d M\right)$ such that

$$
\|q \eta \cdot \alpha\|_{\mathbb{R} / \mathbb{Z}} \approx 0
$$

## Refined proof

## The

James Leng

## Lemma

Suppose there are at least $\delta N_{1}$ many $h \in J$ where $J$ is an interval of size $N_{1}$ such that

$$
\|\beta+\gamma h+a \cdot\{\alpha h\}\|_{\mathbb{R} / \mathbb{Z}} \leq \frac{K}{N}
$$

with $|\gamma| \leq L / N_{1}$. Then either
$N \ll L^{O(1)}\left(K \delta / 2^{d} M d\right)^{-O(d)^{O(1)}}$ or
$N_{1} \ll L^{O(1)}\left(K \delta / 2^{d} M d\right)^{-O(d)^{O(1)}}$ or
$\left(\delta / 2^{d} M d\right)^{4 d}\|a\|_{\infty} \leq K / N$ or there exists an integer vector $v$ of size at most $\left(\delta / 2^{d} M d\right)^{-O(d)}$ in a
$\left(\delta / 2^{d} M d\right)$-tube in the direction of a such that $\|v \cdot \alpha\|_{\mathbb{R} / \mathbb{Z}} \leq L\left(\delta / 2^{d} M d\right)^{-O(d)} / N_{1}$.

## Refined proof

The

James Leng

Cleaned up version:

## Lemma

Suppose $|a| \leq M$, for $>_{\delta} N_{1}$ many $h$ that

$$
\|\beta+\gamma h+a \cdot\{\alpha h\}\|_{\mathbb{R} / \mathbb{Z}} \|_{\mathbb{R} / \mathbb{Z}} \approx 0 .
$$

Then provided parameters aren't too small, either $|a| \approx 0$ or there exists some $v$ with $|v|<_{\delta, M} 1$ in a small tube in the direction of a such that $\|v \cdot \alpha\|_{\mathbb{R} / \mathbb{Z}} \approx 0$.

## Refined proof

The equidistribution of nilsequences

James Leng

Now we begin the iteration.

## Refined proof

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$$

Then either $|a| \approx 0$ or there exists some $\eta$ such that $\eta \cdot \alpha \approx 0(\bmod 1)$.

## Refined proof

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Then either $|a| \approx 0$ or there exists some $\eta$ such that $\eta \cdot \alpha \approx 0(\bmod 1)$. Suppose (for simplicity) $\eta_{1}=1$.

## Refined proof

The

Now we begin the iteration. Suppose

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$$

Then either $|a| \approx 0$ or there exists some $\eta$ such that $\eta \cdot \alpha \approx 0(\bmod 1)$. Suppose (for simplicity) $\eta_{1}=1$. So

$$
\left\|\tilde{a} \cdot\{\alpha h\}+\gamma h+\beta+a_{1} P(h)\right\|_{\mathbb{R} / \mathbb{Z}} \approx 0
$$

where $\tilde{a}=\left(0, a_{2} \eta_{1}-a_{1} \eta_{2}, a_{3} \eta_{1}-a_{1} \eta_{3}, \ldots, a_{d} \eta_{1}-a_{1} \eta_{d}\right)$ and

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By pigeonholing $h$ in one of the values $P$ takes, we can iterate.

## Refined proof

Problems:
■ $|\tilde{a}|$ might be too large. This causes the $M$ parameter to increase.

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■ $|\tilde{a}|$ might be too large. This causes the $M$ parameter to increase.

- pigeonholing in $h$ causes the density to decrease like $\delta \mapsto \Omega_{M}\left(\delta^{O(d)}\right)$, which is worse than $\delta \mapsto \delta^{2}$ which isn't allowed.


## Refined proof

The
equidistribution of nilsequences

James Leng

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## Refined proof

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To overcome first problem, observe (from Minkowski) that $\eta$ must lie in a tube in the direction of a. Thus, $|\tilde{a}|$ is actually smaller than $|a|$. This is because if $\eta$ lies in a tube of width $\epsilon$ in the direction of $a$, we write

$$
\eta=t a+O_{\leq 1}(\epsilon)
$$

(where $O_{\leq 1}$ denotes that the implicit constant is $\leq 1$ ) then

$$
\eta_{i}=t a_{i}+O_{\leq 1}(\epsilon) .
$$

Then

$$
\eta_{1} a_{i}-a_{1} \eta_{i}=O_{\leq 2}(|a| \epsilon) .
$$

## Side note

Green and Tao use a Fourier proof in their proof of "bracket polynomial lemma." One can get that $\eta$ lies in a tube around $a$ via the uncertainty principle.

## Side note

Green and Tao use a Fourier proof in their proof of "bracket polynomial lemma." One can get that $\eta$ lies in a tube around a via the uncertainty principle. This doesn't give as good bounds though, and still would result in an increase in $|\tilde{a}|$ over $|a|$, but increase is not fatal to the argument. This would still work for the iteration.

## Refined proof

The

James Leng

To overcome the second issue, we observe the following:

- $S=\{h: P(h)=j\}$ has "bounded Fourier complexity," i.e., $1_{S}$ can be described by a "bounded number of Fourier coefficients." (more on this later)


## Refined proof

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- By pigeonholing in $h$, you lose this information.
- Idea: convert the problem to:

$$
\left|\mathbb{E}_{n \in[N]} e(a n \cdot\{\alpha h\}+\gamma n h+\beta n)\right| \geq K^{-1} .
$$

## Refined proof

The equidistribution of nilsequences

James Leng

Making similar substitutions gives:
$\mid \mathbb{E}_{n \in[N]} e\left(\right.$ ãn $\left.\cdot\{\alpha h\}+\gamma n h+\beta n+\left\{a_{1} n\right\} P(h)\right) \mid \geq K^{-1}$.

## Refined proof

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James Leng

Making similar substitutions gives:

$$
\left|\mathbb{E}_{n \in[N]} e\left(\tilde{a} n \cdot\{\alpha h\}+\gamma n h+\beta n+\left\{a_{1} n\right\} P(h)\right)\right| \geq K^{-1} .
$$

We have

$$
e\left(\left\{a_{1} n\right\} P(h)\right)=e\left(\left\{a_{1} n\right\}\left(\left\{\alpha_{1} h\right\}+\eta_{2}\left\{\alpha_{2} h\right\}+\cdots+\eta_{d}\left\{\alpha_{d} h\right\}\right)\right)
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$$

We can use the previous Fourier expansion trick!

## Fourier complexity lemma

The

James Leng

We define the $L^{p}[N] \delta$-Fourier complexity (likewise $L^{p}([N] \times[H]) \delta$-Fourier complexity) of a function $f:[N] \rightarrow \mathbb{C}$ to be the infimum of all $L$ such that

$$
f(n)=\sum_{i} a_{i} e\left(\xi_{i} n\right)+g
$$

where $\|g\|_{L^{p}[N]} \leq \delta$ and $\sum_{i}\left|a_{i}\right|=L$.

## Fourier complexity lemma

The nilsequences

James Leng

## Lemma (Bilinear Fourier Complexity Lemma I)

Let

$$
\alpha_{1}, \ldots, \alpha_{d}, \beta_{1}, \ldots, \beta_{d}, \gamma_{1}, \ldots, \gamma_{d}, \gamma_{1}^{\prime}, \ldots, \gamma_{d}^{\prime} \in \mathbb{R}
$$

and let $\delta>0$ a real number and $N, H>0$ integers. Then either $N \ll\left(\delta / 2^{d} k\right)^{-O(d)^{2}}$, or $H \ll\left(\delta / 2^{d} k\right)^{-O(d)^{2}}$ or else

$$
e\left(k_{1}\left\{\alpha_{1} h+\gamma_{1}\right\}\left\{\beta_{1} n+\gamma_{1}^{\prime}\right\}\right.
$$

$\left.+k_{2}\left\{\alpha_{2} h+\gamma_{2}\right\}\left\{\beta_{2} n+\gamma_{2}^{\prime}\right\}+\cdots k_{d}\left\{\alpha_{d} h+\gamma_{d}\right\}\left\{\beta_{d} h+\gamma_{d}^{\prime}\right\}\right)$
has $L^{1}([N] \times[H])-\delta$-Fourier complexity at most $\left(\delta / 2^{d} k\right)^{-O\left(d^{2}\right)}$ for $\left|k_{i}\right| \leq k$ integers.

## Idea of proof

■ Let $F(\vec{x}, \vec{y})=e\left(\sum_{i} k_{i} x_{i} y_{i}\right)$. Then we have $F\left(\{\alpha h+\gamma\},\left\{\beta n+\gamma^{\prime}\right\}\right)$ is the expression we want to study.

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- Doesn't always work, since $\left\{h:\left\|\alpha_{i} h+\gamma_{i}-1 / 2\right\|_{\mathbb{R} / \mathbb{Z}} \approx 0\right\}$ might have a lot of elements.


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■ Doesn't always work, since $\left\{h:\left\|\alpha_{i} h+\gamma_{i}-1 / 2\right\|_{\mathbb{R} / \mathbb{Z}} \approx 0\right\}$ might have a lot of elements.

■ To remedy this, just approximate along subprogressions.

## End of the proof

The equidistribution of nilsequences

## James Leng

Iteration now works and gives

$$
\begin{gathered}
\left(\delta_{j}, M_{j}, K_{j}, N_{j}, L_{j}, q_{j}\right) \\
=\left(\delta_{j-1} / 4, M_{j-1},\left(2 q_{j-1} K_{1} / 2^{d}\right)^{O\left(j d^{2}\right)}, N_{j-1} /\left(L_{j-1} q_{j-1}\right),\right. \\
\left.j L_{j-1}\left(\delta_{j-1} / 2^{d} M\right)^{-O(d)},\left(\delta_{j-1} / 2^{d} M\right)^{-O(d)} q_{j-1}\right)
\end{gathered}
$$

